

Dear Incoming Freshman Parent:

Each student entering ninth grade must have a valid physical examination and an up-to-date immunization record on file. In order to complete enrollment and enter high school, state regulations require that all school physicals be submitted on the approved physical exam form which was sent out by the district in February. This form is also available in the health information section of the District 211 website at [adc.d211.org](http://adc.d211.org) or under the Health Services section of the HEHS website. **Students cannot begin attending school until physical examination and immunization requirements are met.** The IHSA sports physical form may **NOT** be used for school enrollment purposes.

Timelines associated with incoming freshman physical examinations are as follows:

- **ALL students entering high school must have a physical exam within 12 months of the start of school.** To meet this requirement, the physical exam must have been on or after **August 14, 2016**. Before school registration can be completed, the physical exam form must be submitted to the school nurse at the high school your student will attend.
- **Students who want to participate in interscholastic athletics during the school year, including pom-poms and color guard, must provide evidence of an appropriate physical exam within the last 13 months.** Student athletes participating in fall sports must complete their physicals before practice begins on **August 7, 2017 (football) and August 9, 2017 (all other sports)**. Athletes are encouraged to schedule an annual physical exam prior to the expiration of the previous physical exam in order to ensure athletic eligibility throughout the following school year. Physical exam forms must be submitted to the school nurse prior to the first day of practice.
- **Students who want to participate in District 211 Summer Athletic Camps, including pom-poms and color guard, must provide evidence of an appropriate physical exam within the last 13 months.** To meet the requirement, the physical exam must have been on or after **April 30, 2016**. Physical exam forms must be submitted to the school nurse prior to the first day of tryouts or the first day of camp.

Please make a doctor's appointment for your student well in advance of the first day of school and be aware that a minor who is receiving a physical examination must be accompanied by a parent or legal guardian. A list of immunizations requirements is included with this letter and a chart of Child Immunization Clinics is also enclosed. The Illinois Department of Public Health requires students to be immunized against preventable communicable diseases including (but not limited to) measles, mumps, rubella, tetanus, diphtheria, poliomyelitis, varicella, pertussis, and hepatitis B. Typically, immunizations can be updated during a single visit to a health care provider.

Sincerely,



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